

PHYSICAL EDUCATION

Students in grades one through twelve shall be required to participate in physical education courses unless they are excused by the principal of their attendance center.

Students may be excused from physical education courses if the student presents a written statement from a doctor stating that such activities could be injurious to the health of the student or the student has been exempted because of a conflict with the student's religious beliefs.

A 9-12 student participating in the athletic program may earn PE credit outside of the regular school schedule by signing up for the early-bird PE and participating in strength and conditioning for a minimum of two days per week.

Legal Reference: Iowa Code § 256.11 2013
281 I.A.C. 12.5.

Cross Reference: 504 Student Activities
603 Instructional Curriculum

Approved: January 26, 2000
Revised: October 16, 2019